



August

Minority
Health
Newsletter

National Immunization Month

national
IMMUNIZATION
awareness month



Hispanic American high risk adults are 20 percent less likely than non-Hispanic White adults to have ever received the pneumococcal vaccine.

- In 2020, Hispanic adults were 30 percent less likely to have received the influenza (flu) shot, as compared to Non-Hispanic Whites. African American adults are less likely than non-Hispanic White adults to have received a flu vaccine in the past year or to have ever received the pneumonia vaccine.
- In 2017, Non-Hispanic Blacks aged 65 and older were 10 percent less likely to have received the influenza (flu) shot in the past 12 months, as compared to non-Hispanic Whites of the same age group.

National Breast Feeding Month



Breastfeeding is associated with reduced risk for

various infections, necrotizing enterocolitis, sudden infant death syndrome, type 1 diabetes, and obesity among infants, and with reduced risk for high blood pressure, type 2 diabetes, ovarian cancer, and breast cancer among mothers, because Black and AI/AN populations are at increased risk for many of these health outcomes, lower rates of breastfeeding initiation among these groups are particularly concerning. It protects against allergies, sickness, and obesity. It protects against diseases, like diabetes and cancer. It protects against infections, like ear infections. It is easily digested – no constipation, diarrhea or upset stomach.

Children's Eye and Safety Month



Nearly 40% of preschool-aged children nationwide have never had a vision screening, During 2016 and 2017, only 63.5% of children 3 to 5 years old had their eyes tested by a doctor or other health professional, and Whites were more likely to

have been tested than African Americans and Hispanics, according to data from the Centers for Disease Control and Prevention (CDC). Children are susceptible to a host of vision and eye problems such as injury, infection and increased nearsightedness.

Join us for our Community Baby Showers!



**Full Term
First Birthday**

IT'S A FULL TERM FIRST BIRTHDAY

Baby Shower

THE HOUSE OF THE LORD 1650 DIAGONAL RD, AKRON AUG 13TH 11A - 2P	THE REMEDY CHURCH 1700 BRITAIN RD, AKRON AUG 20TH 11A - 2P
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COME JOIN US IN CELEBRATION AND SUPPORT OF YOUR BABY'S FIRST YEAR OF LIFE. DRIVE-THRU OR PARK AND STAY TO ENJOY FUN FAMILY ACTIVITIES AND COMMUNITY RESOURCE STATIONS.

ENROLL FOR YOUR GIFT BASKET AT:
[SCPH.LINK/BABYSHOWER2022](https://scph.link/babyshower2022)

Diaper Banks

SIGN UP FOR OUR COMMUNITY DIAPER BANKS

STEP ONE - REGISTER: COMPLETE OUR ONLINE
APPLICATION AT: [SCPH.LINK/DIAPERSAPPLY](https://scph.link/diapersapply)

STEP TWO - SCHEDULE: TO JOIN US AT ANY OR ALL
GIVEAWAYS. YOU WILL BE CONTACTED BY SUMMIT COUNTY
PUBLIC HEALTH AFTER YOU REGISTER. IF YOU ARE NOT
CONTACTED, CALL 330-926-5700



**ILENE
SHAPIRO**
COUNTY EXECUTIVE

Department of Job and Family Services



FULL TERM
FIRST BIRTHDAY
GREATER AKRON

Free Food Distribution in Akron and Summit
County



The Akron-Canton Regional Foodbank at 350 Opportunity Parkway in Akron has a monthly drive-thru food distribution. The grocery giveaway takes place on the first Thursday of every month from 1pm-2pm. Listed below are the dates of the drive-thru food distribution.

September 1, 2022

October 6, 2022

November 3, 2022

December 1, 2022

August

S	M	T	W	T	F	S
	01	02	03	04	05	06
07	08	09	10	11 Substance Use Disorder Support	12	13
14	15	16 Eating Smart Being Active	17 Eating Smart Being Active	18 Healthy Chats	19	20
21	22	23 Substance Use Disorder Support	24 Spiritually Fit Recovery Meeting	25 Substance Use Disorder Support	26	27
28	29	30	31			

August 11th, 23rd, 25th: Substance Use Disorder Support, LifeRing meetings focus on positive and practical ways to stay sober. We talk about the challenges and successes in our past week (or weeks) and potential challenges in the upcoming weeks. <http://liferingakron@yolasite.com/>

August 16th & 17th: Eating Smart Being Active, learn how to make tasty, healthy meals and snacks, while also stretching your food budget! Find inspiration to get moving and increase your activity level. Presented by Donna Greene, The Ohio State University Extension of Summit County. Registration required.

<https://cuyahogafallslibrary.evanced.info/signup/EventDetails?>

[EventId=13405&backTo=Calendar&startDate=2022/08/01](https://cuyahogafallslibrary.evanced.info/signup/EventDetails?EventId=13405&backTo=Calendar&startDate=2022/08/01)

August 24th: Spiritually Fit Recovery Meeting, Open AA discussion meeting

<http://relentlessakron.org/events>

August 18th:

Healthy Chats: Health Chats are short presentations by clinical professionals from Western Reserve Hospital. Improve your health knowledge and have your health questions answered. This month's topic is Medical Bill Literacy. This chat will cover how to read and understand the charges on your medical statements. <https://cuyahogafallslibrary.evanced.info/signup/EventDetails?EventId=12718&backTo=Calendar&startDate=2022/08/01>

For more information follow our social media:



Summit County Public Health | 1867 W. Market St., Akron, OH 44313

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