



January

MINORITY
HEALTH
NEWSLETTER



Office of Minority Health

Cervical Health Awareness Month



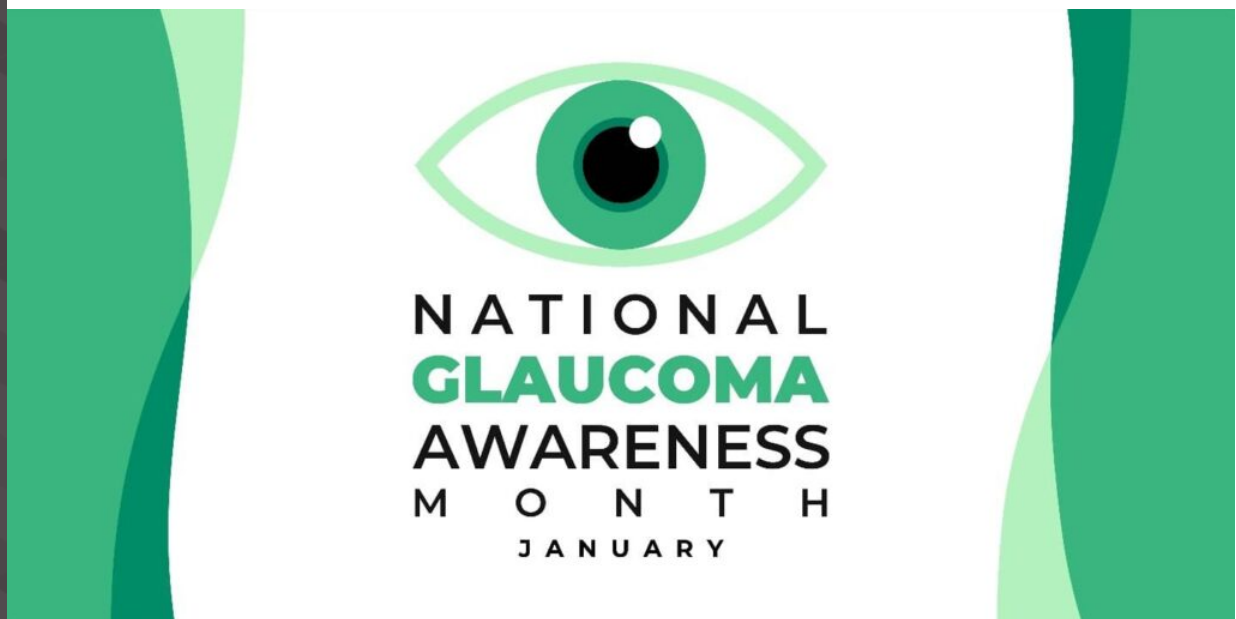
January is

CERVICAL CANCER

Awareness Month

The United States Congress designated January as Cervical Health Awareness Month. Cervical cancer is a disease in which cancer cells arise in the cervix. Human papillomavirus (HPV) is almost always the cause of cervical cancer, which is why vaccines against HPV are an important part of cervical cancer prevention strategies. Cervical cancer is one of many health outcomes that disproportionately affects biological females based on racial/ethnic background. The occurrence of cervical cancer is greater in Black/African American and Hispanic individuals compared to White individuals. Increasing screening and prevention are key components of the effort to eradicate cervical cancer. Since almost all cases of the disease are caused by HPV infection, vaccines that protect against the virus could prevent the vast majority of cases. Regular Pap smear tests can catch and lead to treatment of the disease at the precancerous stage.

Glaucoma Awareness Month



January is National Glaucoma Awareness Month. Glaucoma is a group of eye diseases that randomly and gradually cause someone to lose their vision. Glaucoma is the second leading cause of vision loss and blindness in the United States. More than 3 million people in the United States have glaucoma. Glaucoma can affect people of all ages, although the most common forms primarily affect middle and older aged adults. Glaucoma has no early symptoms which is why half of people with glaucoma don't know they have it. Among Black/African American and Hispanic populations, glaucoma is more prevalent. Glaucoma is 6 to 8 times more common in Black people than White people. The only way to find out if you have glaucoma is to get a comprehensive dilated eye exam. There's no cure for glaucoma, but early treatment can often stop the damage and protect your vision.

National Birth Defects Prevention Month

JANUARY IS BIRTH DEFECTS PREVENTION MONTH



National Birth Defects Prevention Month is a time to raise awareness about birth defects and highlight efforts to improve the health of people living with these conditions. Birth defects are physical or biochemical changes that are present at birth. They can cause problems with how the body develops or how the body works. Some racial and ethnic groups are affected more by certain types of birth defects and are more likely to die from causes related to birth defects. For example, there is a 34% higher chance for babies of non-Hispanic Black mothers to develop birth defects than babies of non-Hispanic White mothers, and a 26% higher chance for babies of Hispanic mothers than for babies of White mothers. We don't know exactly what causes most birth defects, but, you can increase your chances of having a healthy baby by doing what you can to be your healthiest self both before and during pregnancy.

Things you can do include:

- Get early and regular prenatal care.
- Learn about your genes and your family health history.
- Get to and maintain a healthy weight.
- Don't smoke, drink alcohol or use drugs.
- Avoid secondhand smoke during pregnancy.
- Don't eat fish that contain large amounts of mercury during pregnancy.

Local Events

WAVES

PRENATAL & POSTPARTUM SPACE FOR PARENTS

COFFEE AND CONVO

TUESDAYS 11A-12P

IN PERSON SESSIONS

Nov 15th
Dec 6th
Mount Calvary
442 Bell St.
Akron, Oh 44307

VIRTUAL SESSIONS

Nov 22nd
Dec 13th
Zoom Meeting
Id:8630355365

PLEASE JOIN US FOR
COFFEE AND
CONVERSATIONS.
WE WILL TALK ABOUT
HOW TO KEEP
OUR PEACE WHILE
PARENTING
DURING THE
HOLIDAY
SEASONS AND
CREATING
RITUALS THAT WE
WANT FOR OUR
FAMILIES.

REGISTRATION: 330.374.1199/INFO@MBHG.ORG



WAVES

Prenatal &
Postpartum Space
For Parents

PAINTING WITH A TWIST!

Our January 2023 Theme is art. Please join us as we use art to support our health and coping. Session 1 is virtual and will focus on therapeutic art techniques. Session 2 is "Painting with a Twist" with Deriin Fletcher, owner of Cre8tive Art Gallery, local artist and Mom. Just being with other parents helps! Let's have fun!

Session 1: Virtual
January 10, 2023
11am-12pm
Zoom Meeting ID:8630355365

Session 2-In Person
January 24,2023
11am-2pm
Cre8tive Art Gallery
380 S. Main St. Akron , OH
Registration: <https://forms.gle/9dyvuiZ1GX7xkrM8>



For more information:
[330.374.1199](tel:330.374.1199)/info@mbhg.org



Office of Minority Health



LOCAL CONVERSATIONS



Join John Morgan, Jr. and Dr. Shanu Agarwal for a viewing of Impact, a local documentary on how the pandemic affected a variety of spaces in different ways

Engage in meaningful conversation with others around how our community has been impacted over the last few years

January 18th, 2023

11am-1pm

Summit County Public Health
in the Auditorium

1867 W Market St, Akron OH 44313



Register at
<https://tinyurl.com/LCPandemic>
or contact
Stephanie Roy at
sroy@schd.org

FREE COVID Home Test Kits



Limited to 4 total tests per person.
2- 2 packs or 4 single packs



Pick up at Summit County Public Health!

1867 W Market St, Akron 44313

8am-4pm



COVID-19 Vaccines @ SCPH

No Appointment Needed

JANUARY 2023				
02 MON CLOSED	03 TUE 8am-5pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	04 WED 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	05 THU 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	06 FRI 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10
09 MON 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	10 TUE 8am-5pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	11 WED 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	12 THU 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	13 FRI 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10
16 MON CLOSED	17 TUE 8am-5pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	18 WED 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	19 THU 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	20 FRI 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10
23 MON 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	24 TUE 8am-5pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	25 WED 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	26 THU 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10	27 FRI 8am-3pm Walk-in Clinic 1867 W. Market St, Akron 44313 Door 10
30 MON	31 TUE	<p>Please note: January 27, 2023 will be the last month when walk-ins will be accepted for COVID vaccines. Appointments will be necessary beginning Jan. 30, 2023.</p>		



Moderna (including bivalent booster), Pfizer (including bivalent booster) & Novavax Vaccines Available.

Serving ages 6 months and older in accordance with current CDC guidelines. Bring ID & Previous COVID Vaccination Record.



Vaccines available by age: Novavax 18+, Moderna adult 12+, Moderna Bivalent booster 6+, Pfizer Adult 12+/Pediatric 5-11/Infant 6m-4y, Pfizer Bivalent Booster 6mos+
 We now have Pfizer Bivalent to complete your child's (ages 6 mos to 4 yrs) primary COVID vaccination series, or 3rd dose.

Free Food Distribution in Summit County



The Akron-Canton Regional Foodbank Pop up Pantry distributions at the following locations and times:

January 10, 2023, 11am-1pm

McKinley Eagles

5024 Monticello Ave. NW, Canton, OH

January 11, 2023, 12pm-2pm

Stark Metropolitan Housing Authority

1315 Gonder Ave. SE, Canton OH

January 12, 2023, 11am-1pm

University of Akron

301 E Buchtel Ave. Lot 24, Akron, OH

January 13, 2023, 11am-1pm

Wadsworth Salvation Army

1825 Reimer Rd., Wadsworth, OH

January 18, 2023, 1pm-3pm

Kent State University DIX Stadium

DIX Stadium 2213 Summit St., Kent, OH

January 19, 2023, 7:45am-9:45am

Mason CLC

700 E Exchange St., Akron, OH

January 23, 2023, 12pm-2pm

NEOMED

4209 St. Rt 44, Rootstown, OH

January 28, 2023, 10am-12pm

ASW Global

3375 Gilchrist Rd., Mogadore, OH

Events In Akron

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Blessed Trinity Parish Food Pantry Stow-Munroe Falls Library OhioMeansJobs Onsite Service	4	5 Blessed Trinity Parish Food Pantry Akron-Summit Library OhioMeansJobs Onsite Service	6	7 Calvary Apostolic Church Food Pantry
8 Begin Your Tai Chi Journey: Traditional Movements for Health Rejuvenation	9 Cuyahoga Falls Library OhioMeansJobs Onsite Service	10 Suicide Prevention in Black and Other Communities of Color	11	12 Blessed Trinity Parish Food Pantry Akron-Summit Library OhioMeansJobs Onsite Service	13	14
15 Daring to Dream Again: Rev. Dr. Martin Luther King, Jr. Annual Celebration	16	17 Blessed Trinity Parish Food Pantry	18	19 Blessed Trinity Parish Food Pantry Akron-Summit Library OhioMeansJobs Onsite Service	20 AxessaPointe Food Pantry	21
22	23 Cuyahoga Falls Library OhioMeansJobs Onsite Service	24 Blessed Trinity Parish Food Pantry	25	26 Suicide Prevention Conversations within the Firearms Community	27	28
29	30	31 Blessed Trinity Parish Food Pantry				

Suicide Prevention in Black and Other Communities of Color
5:00pm-7:00pm
60 South High St, Akron, OH 44326
The Event is free, reserve a ticket online
<https://www.eventbrite.com/e/suicide-prevention-in-black-and-other-communities-of-color-tickets-471078688037?aff=ebdssbdestsearch>

Acesspoint Community Health Centers
The 3rd Saturday of the month
9:00am-11:00am
1400 S. Arlington St. Suit 38, Akron
OH 44306
Serves city residents with household income at or below 200% of FPL. Need proof of address and income

Blessed Trinity Parish
300 E. Tallmadge Ave, Akron
OH 44310
By appointment only
Call (330)475-0321

Suicide Prevention Conversations within the Firearms Community
1/26-6:00pm-8:00pm
2260 International Parkway,
North Canton, OH 44720
Register at <https://www.eventbrite.com/e/suicide-prevention-conversations-within-the-firearms-community-tickets-483431636037?aff=ebdssbdestsearch>

Rev. Dr. Martin Luther King Jr. Annual Celebration: Daring to Dream Again
4:00pm
First Congregational Church of Akron
292 E Market St. Akron, OH

OhioMeansJobs Onsite Service
Stop by the library to connect with a representative from OhioMeansJobs Summit County for all your job-seeking needs

Begin your Tai Chi journey: Traditional Movements for Health Rejuvenation
Free Online Event. Register at
<https://www.eventbrite.com/e/begin-your-tai-chi-journey-traditional-movements-for-health-rejuvenation-tickets-475696120327?aff=ebdssbcitybrown>

For more information follow our social media:



Summit County Public Health | 1867 W. Market St., Akron, OH 44313

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