

THE OFFICE OF MINORITY HEALTH

The Office of Minority Health (OMH) works to eliminate differences in health status between racial and ethnic minority and non-minority populations by providing leadership and guidance on best ways to address racial and ethnic health disparities.

For more information, please contact the Office of Minority Health at

(330) 926-5764

or visit our website at

scph.org/omh



Funded by
The Ohio Commission on Minority Health

SUPPORT SERVICES

Summit County Public Health
Alcohol & Drug Counseling
1867 W Market St, Akron, OH 44313
330-375-2984

Minority Behavioral Health Group
1293 Copley Rd, Akron, OH 44320
(330) 374-1199

Text: 4hope to 741 741
Free support available 24/7

For a list of mental health providers
in Summit County:
www.admboard.org

REFERENCES

www.cdc.gov/mentalhealth

www.nami.org

www.psychiatry.org

www.nimh.nih.gov

www.minorityhealth.hhs.gov

www.mentalhealth.gov



Summit County Office of
MINORITY HEALTH



CALL TO ACTION:
**MENTAL
HEALTH**

330.926.5764

minorityhealthsummitcounty.org

MENTAL ILLNESS

A mental illness is a condition that affects a person's thinking, feeling or mood. Such conditions may affect someone's ability to relate to others and function each day.

MENTAL HEALTH CONDITIONS

- Attention deficit hyperactivity disorder (ADHD)
- Anxiety Disorders
- Autism
- Bipolar Disorder
- Borderline Personality Disorder
- Depression
- Dissociative Disorders
- Early Psychosis and Psychosis
- Eating Disorders
- Obsessive-compulsive Disorder
- Post-traumatic Stress Disorder
- Schizoaffective Disorder
- Schizophrenia



BOTTOM LINE

- 1 in 5 adults in the United States experiences a mental health condition in a given year.
- Half of all lifetime mental health conditions begin by age 14 and 75% by age 24. Early intervention programs can help.
- Only one-in-three African Americans who need mental health care receive it.
- African Americans and Hispanic Americans each use mental health services at about one-half the rate of Caucasian Americans, and Asian Americans at about one-third the rate.
- Suicide attempts for Hispanic girls, grades 9-12, were 50% higher than for White girls in the same age group, in 2015.

MENTAL HEALTH DISPARITIES

Mental health conditions do not discriminate based on race, color, gender or identity. However, background and identity can make access to mental health treatment much more difficult.

BARRIERS TO CARE

- Stigma associated with mental illness
- Less likely to receive treatment
- Poorer quality of care
- Lack of providers from diverse racial/ethnic backgrounds
- Distrust of the health care system
- Language barriers
- Lack of insurance/underinsurance

CALL TO ACTION

Fight the stigma of mental health issues and treatment in minority populations. Take action now and push for better legislation and policies.