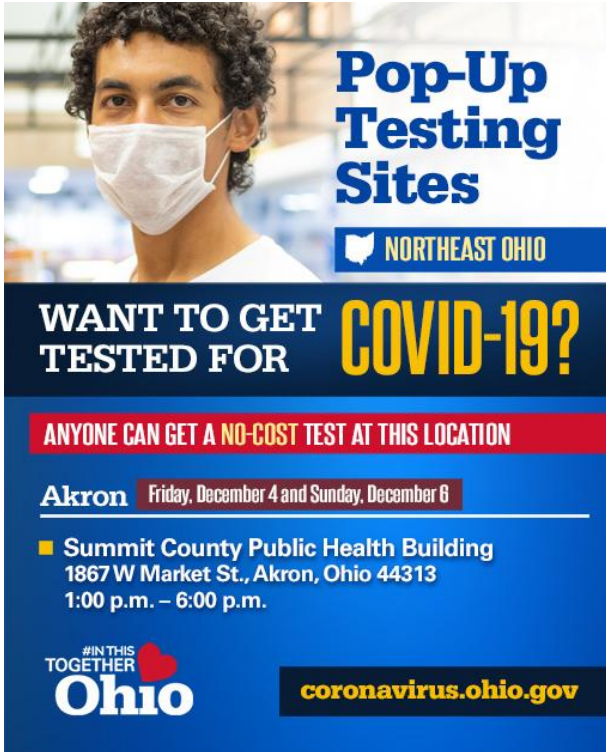


OFFICE ON MINORITY HEALTH

November 2020 Minority Health Newsletter



Pop-Up Testing Sites
NORTHEAST OHIO

WANT TO GET TESTED FOR COVID-19?

ANYONE CAN GET A NO-COST TEST AT THIS LOCATION

Akron Friday, December 4 and Sunday, December 6

- Summit County Public Health Building
1867 W Market St., Akron, Ohio 44313
1:00 p.m. – 6:00 p.m.

#IN THIS TOGETHER **Ohio** coronavirus.ohio.gov

November is Family Caregivers Month

Mental Health America (MHA) is proud to recognize November as National Family Caregivers Month - a time to celebrate the contributions of caregivers, provide them with tools that they need, and continue to advocate for individuals with mental illness.

There are over 53 million Americans who are unpaid caregivers to family, friends, and neighbors. Twenty-seven percent or nearly a third of adult caregivers are helping someone with a mental illness. Caregiving can often have a significant impact on the life of the caregiver in more ways than one. It can make maintaining your physical and mental health more difficult and may put a strain on work and social life.

[Read More](#)

Holiday Safety Tips

The COVID-19 pandemic has been [stressful](#) and isolating for many people. Gatherings during the upcoming holidays can be an

opportunity to reconnect with family and friends. This holiday season, consider how your holiday plans can be modified to reduce the spread of COVID-19 to keep your friends, families, and communities healthy and safe. [Read more...](#)

Community Announcement Submissions

Please submit any announcements that you would like to share with the committee. These will be shared in the monthly newsletter as well as during meetings. These could be events, trainings, meeting, etc.

Fill out the form here!



For the most updated information on COVID-19 click below:

[COVID-19 Information](#)

Summit County Public Health | 1867 W. Market St., Akron, OH 44313

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